

SAN DIEGO COUNTY LACROSSE ASSOCIATION ETHICS IN SPORTS STATEMENT

I POLICY STATEMENT

The San Diego County Lacrosse Association (SDCLA) is committed to the exhibition of sportsmanship and ethical behavior in and around all athletic contests and activities conducted under its sanction.

The SDCLA will not tolerate any form of violence during contests or activities conducted under its jurisdiction. The SDCLA has established rules and regulations which set forth the manner of enforcement of this policy and the penalties incurred when violations take place. The player signed below agrees to abide by those rules whether known or unknown by the player. The player acknowledges his responsibility to become familiar with the rules and regulations.

The rules and regulations focus upon the responsibility of the coach to teach and demand high standards of conduct from the team's players.

II CODE OF ETHICS FOR PLAYER

The undersigned agrees to the following:

- A. Conduct oneself in a courteous fashion at all times
- B. Exercise self control
- C. Become familiar with the rules of the game and the rules and regulations of the SDCLA
- D. Show respect to players, officials and coaches
- E. Refrain from the use of foul and abusive language or taunting of other players
- F. Respect the integrity and judgement of the game officials
- G. Refrain from the use of illegal and nonprescription drugs, steroids, or any substance intended to increase physical development or performance that is not approved by the US Food and Drug Administration, Surgeon General of the US, or the American Medical Association.
- H. Refrain from the use of alcoholic beverages

I have read and understand this Ethics In Sports statement and I understand there may be severe penalties for violating SDCLA rules and regulations. I agree to abide by the policies and regulations of the SDCLA.

Players signature _____

Date

Players name (print) _____

SAN DIEGO COUNTY LACROSSE ASSOCIATION

RELEASE OF LIABILITY AND ASSUMPTION OF RISK AGREEMENT

In consideration of being allowed to participate in the San Diego County Lacrosse Association's (SDCLA) athletic sports program and its related events and activities, the undersigned acknowledges and agrees that:

1. There is a real risk of injury from athletic activities, particularly the events and activities regarding this program. Although particular rules, equipment and personal discipline may reduce this risk, the risk of serious injury, including permanent disability and death, does exist. The undersigned acknowledges and fully understands that each participant will be engaging in ACTIVITIES THAT INVOLVE RISK OF SERIOUS INJURY, INCLUDING PERMANENT DISABILITY AND DEATH, and severe social and economic losses which might result not only from his own actions, inactions or negligence of others, but also from the rules of play, or the condition of the premises or of any equipment used. Further, the undersigned acknowledges that there may be other risks not known to the SDCLA or not reasonably foreseeable at this time. THE UNDERSIGNED FURTHER ACKNOWLEDGES AND AGREES THAT HE IS NOW AND WILL REMAIN A MEMBER OF US LACROSSE AT ALL TIMES DURING HIS PARTICIPATION IN THE SDCLA. AND ITS RELATED ACTIVITIES AND EVENTS.
2. I KNOWINGLY AND FREELY ASSUME ALL THE RISKS, both known and unknown, OF PARTICIPATING IN LACROSSE ACTIVITIES, INCLUDING WITHOUT LIMITATION, PRACTICES, GAMES, CLINICS AND TRAVEL TO AND FROM SUCH ACTIVITY, EVEN IF ARISING FROM ANY NEGLIGENCE OF THE RELEASED PARTIES listed in No. 4 or others, and assume full responsibility for my participation.
3. I willingly agree to comply with the stated and customary terms and conditions of each organization for participation. If, however, I observe an unusual significant hazard during my presence or participation, I will remove myself from participation and bring such hazard to the attention of my coach and/or a SDCLA representative immediately.
4. I, for myself and on behalf of my heirs, assigns, personal representatives and next-of-kin, HEREBY RELEASE, WAIVE, DISCHARGE, COVENANT NOT TO SUE AND AGREE TO INDEMNIFY AND HOLD HARMLESS THE SAN DIEGO COUNTY LACROSSE ASSOCIATION and US LACROSSE, their respective directors, organizers, administrators, officers, agents, and/or employees, other participants, coaches, officials, sponsoring agencies, sponsors advertisers, and owners and lessors of premises used to conduct activities (each person or entity hereinafter referred to as a "Released Party"), WITH RESPECT TO DEMANDS, LOSSES OR DAMAGES ON ACCOUNT OF ANY AND ALL INJURY, DISABILITY, DEATH, or loss or damage to person or property, WHETHER CAUSED OR ALLEGED TO BE CAUSED IN WHOLE OR PART BY THE INDIVIDUAL OR COLLECTIVE NEGLIGENCE OF ANY OF THE RELEASED PARTIES OR OTHERWISE.

I HAVE READ THIS RELEASE OF LIABILITY AND ASSUMPTION OF RISK AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND SIGN IT FREELY AND VOLUNTARILY:

Participants Name (Print): _____

Participants Signature: _____ Date: _____

FOR PARTICIPANTS UNDER AGE 18 AT TIME OF REGISTRATION: This is to certify that I, as parent/guardian, with legal responsibility for this participant, have read the above Release of Liability and Assumption of Liability Agreement (Agreement), and do consent and agree to his/her release as provided above, and hereby execute this Agreement for and on behalf of the participant. In addition, for myself, my heirs, assigns, and next-of-kin, I release and agree to indemnify and hold harmless each of the Released Parties from any and all liabilities incident to my minor child's involvement and participation in events or activities, EVEN IF ARISING FROM THEIR NEGLIGENCE.

Parent/Guardian Name (Print): _____

Parent/Guardian Signature: _____ Date: _____

US LACROSSE

Code of Conduct

US LACROSSE AND THE POSITIVE COACHING ALLIANCE

Lacrosse is the oldest American sport. Native Americans played lacrosse centuries ago, long before our colonies were settled. Through lacrosse, Native Americans celebrated and emphasized their spiritual and cultural values.

In an effort to promote appropriate values in the modern game, US Lacrosse has partnered with the Positive Coaching Alliance to promote positive coaching and good sportsmanship for all levels of lacrosse. US Lacrosse has included the following "Lacrosse Code of Conduct" as part of its membership application to encourage and foster appropriate values in players, coaches, parents, officials and spectators. US Lacrosse believes that it should be a priority of every lacrosse player, team, program and league to "Honor the Game."

US LACROSSE CODE OF CONDUCT

Players, coaches, officials, parents and spectators are to conduct themselves in a manner that "Honors the Game" and demonstrates respect to other players, coaches, officials, parents, spectators and fans. In becoming a member of the lacrosse community an individual assumes certain obligations and responsibilities to the game of lacrosse and its participants. The essential elements in this "Code of Conduct" are HONESTY and INTEGRITY. Those who conduct themselves in a manner that reflects these elements will bring credit to the sport of lacrosse, themselves, their team and their organization. It is only through such conduct that our sport can continue to earn and maintain a positive image and make its full contribution to amateur sports in the United States and around the world. US Lacrosse supports the following behaviors for those who participate in the sport or are involved in any way with US Lacrosse. The following essential elements of the "Code of Conduct" must be followed:

- + Sportsmanship and teaching the concepts of fair play are essential to the game and must be taught at all levels and developed both at home and on the field during practices and games.
- + The value of good sportsmanship, the concepts of fair play, and the skills of the game should always be placed above winning.
- + The safety and welfare of the players are of primary importance.
- + Coaches must always be aware of the tremendous influence they have on their players. They are to strive to be positive role models in dealing with young people, as well as adults.
- + Coaches should always demonstrate positive behaviors and reinforce them to players, parents, officials and spectators alike. Players should be specifically encouraged and positively reinforced by coaches to demonstrate respect for teammates, opponents, officials and spectators.
- + Players should always demonstrate positive behavior and respect toward teammates, opponents, coaches, officials, parents and spectators.
- + Coaches, players, parents and spectators are expected to demonstrate the utmost respect for officials and reinforce that respect to players/teammates. Coaches are also expected to educate their players as to the important role of lacrosse officials and reinforce the ideal of respect for the official to players/teammates.
- + Grievances or misunderstandings between coaches, officials or any other parties involved with the sport should be communicated through the proper channels and procedures, never on or about the field of play in view of spectators or participants.
- + Officials are professionals and are therefore expected to conduct themselves as such and in a manner that demonstrates total impartiality, courtesy and fairness to all parties.
- + Spectators involved with the game must never permit anyone to openly or maliciously criticize, badger, harass or threaten an official, coach, player or opponent.
- + Coaches must be able to demonstrate a solid knowledge of the rules of lacrosse, and should adhere to the rules in both the letter and the spirit of the game.
- + Coaches should provide a basic knowledge of the rules to both players and spectators within his/her program. Attempts to manipulate rules in an effort to take unfair advantage of an opponent, or to teach deliberate unsportsmanlike conduct, is considered unacceptable conduct.
- + Eligibility requirements, at all levels of the game, must be followed. Rules and requirements such as age, previous level of participation, team transfers, etc, have been established to encourage and maximize participation, fair play and to promote safety.

For more information call: 410.235.6882 x102

To renew, choose one of the following:

Mail to: 113 West University Pkwy • Baltimore, MD 21210-3300
Fax to: 410.843.0390
Log on to: www.uslacrosse.org